



LAUNCH INTO WELLNESS

Mobile App Overview

The Wellworks For You
Mobile App is available on
iOS and Android.



GET IT ON
Google Play

Download on the
App Store

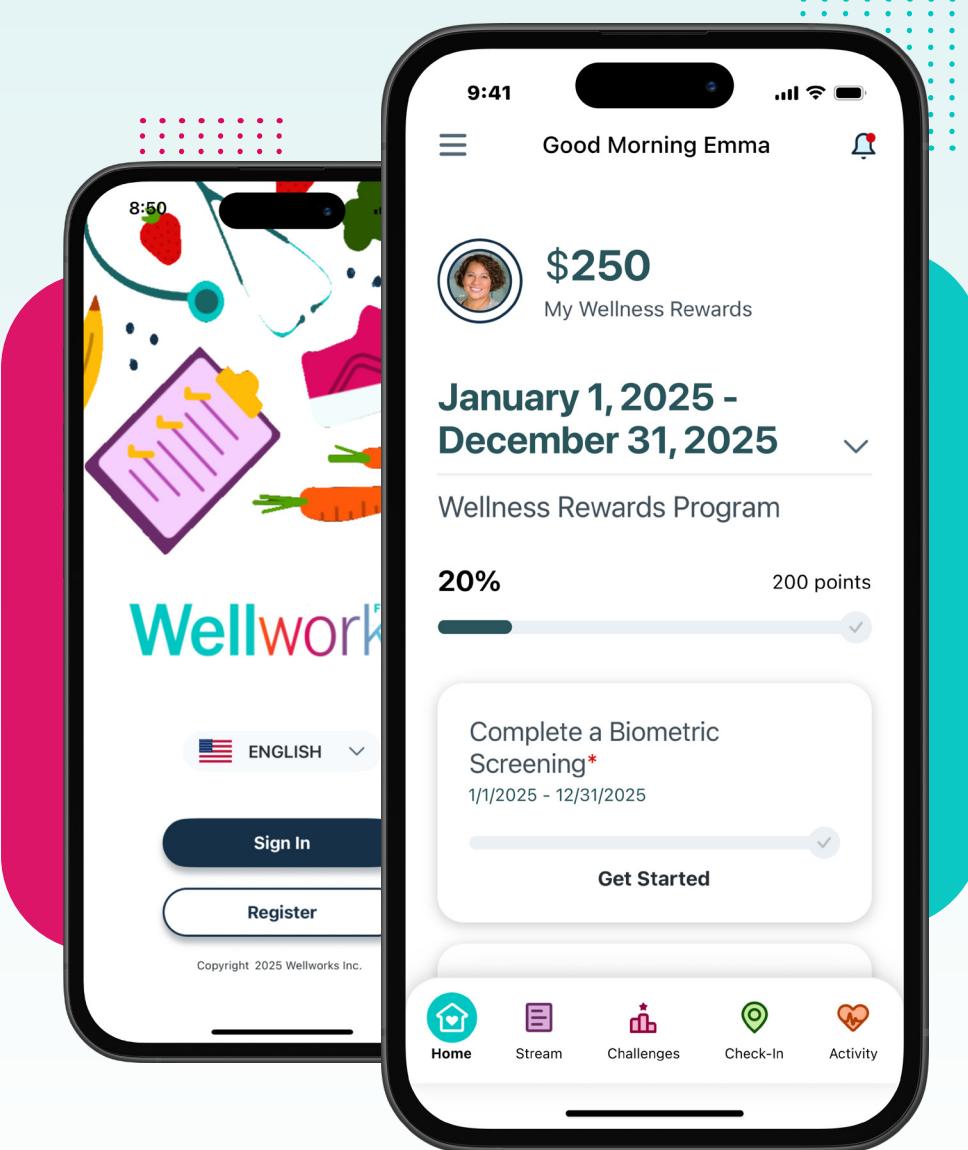




INDEX



LOGIN



HOME

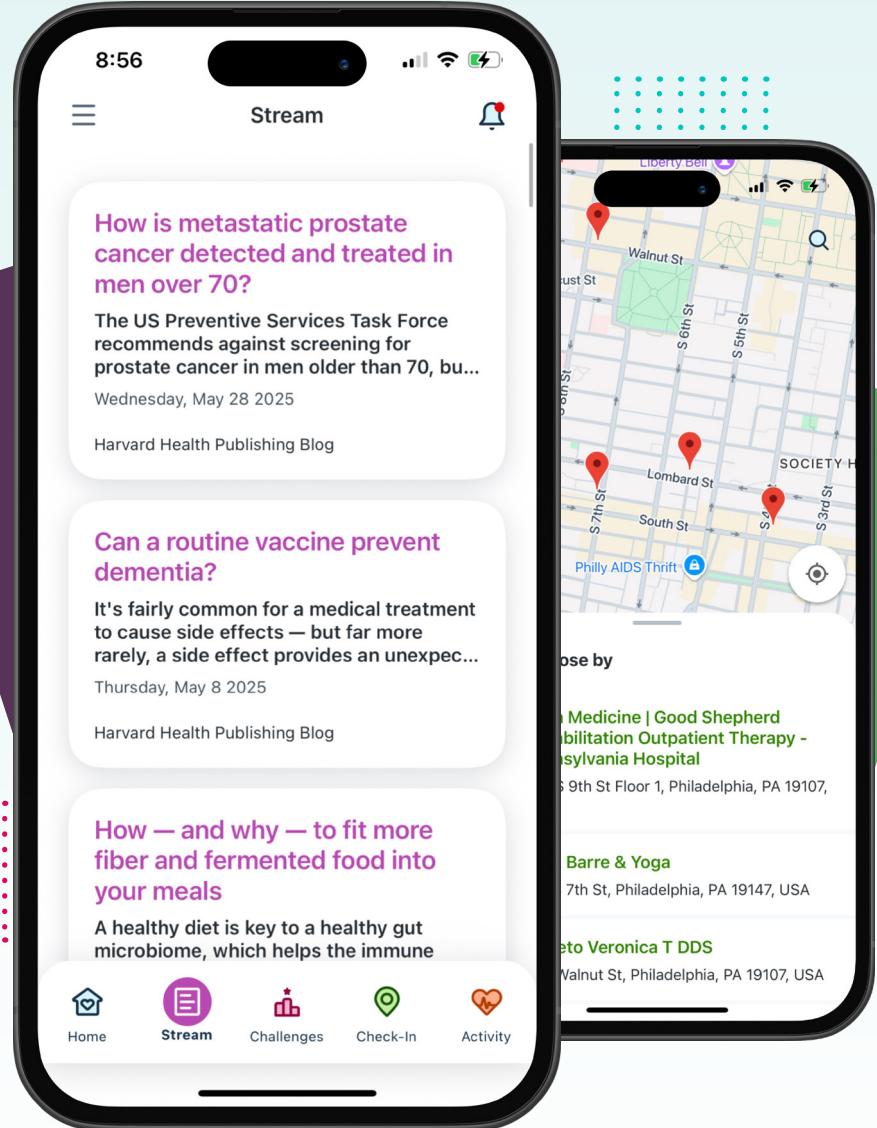
Program Requirements and Incentives

Stay informed and engaged with your wellness program. You can access all your program requirements and incentives with a simple tap when you log in.

All program components are listed on the Home screen for easy reading and completion status updates. Simply tap a program tile to view all.

STREAM

Unique to the Mobile App, you can read the latest health and wellbeing posts from Wellworks For You and other wellness resources.



CHECK-IN

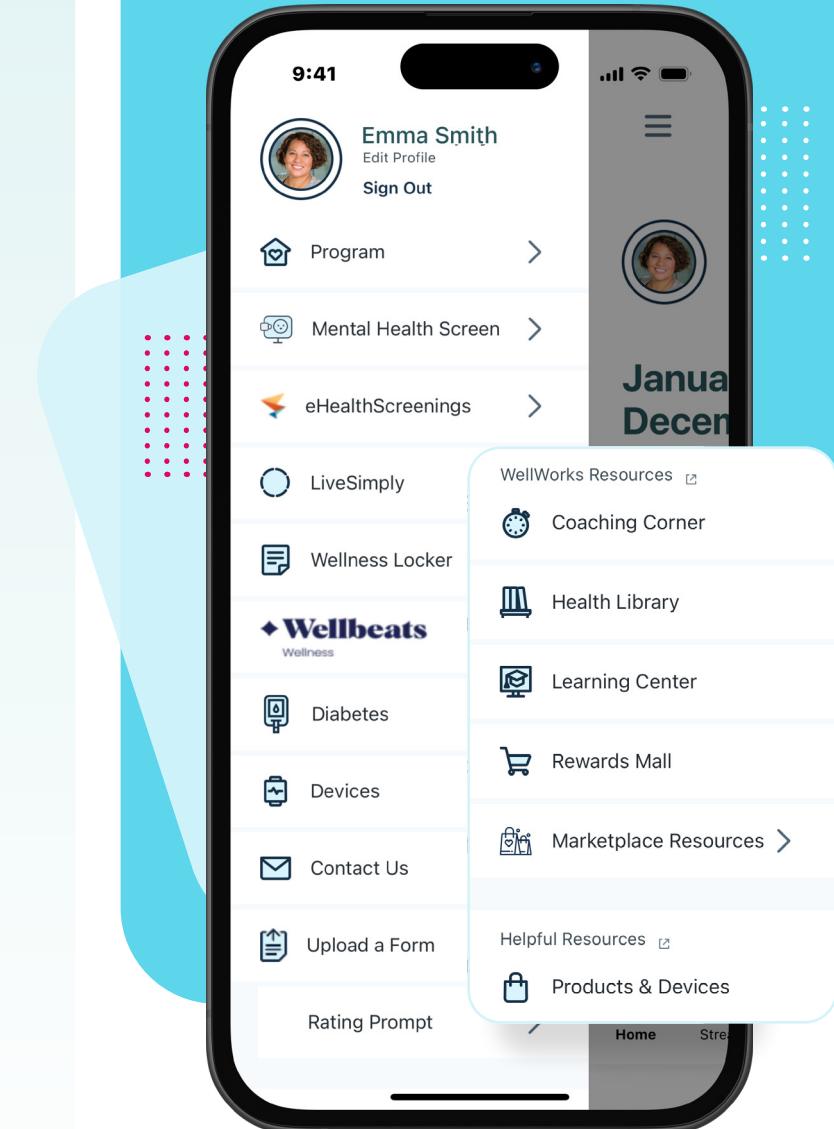
You can check in at local fitness facilities (they must be within .25 miles to check in). Check-ins can be applied to wellness programs, and Wellworks can supply reports on the number of check-ins by you.

MENU

Quickly toggle between pages by clicking the three lines at the top left corner of the screen to expand the entire menu.

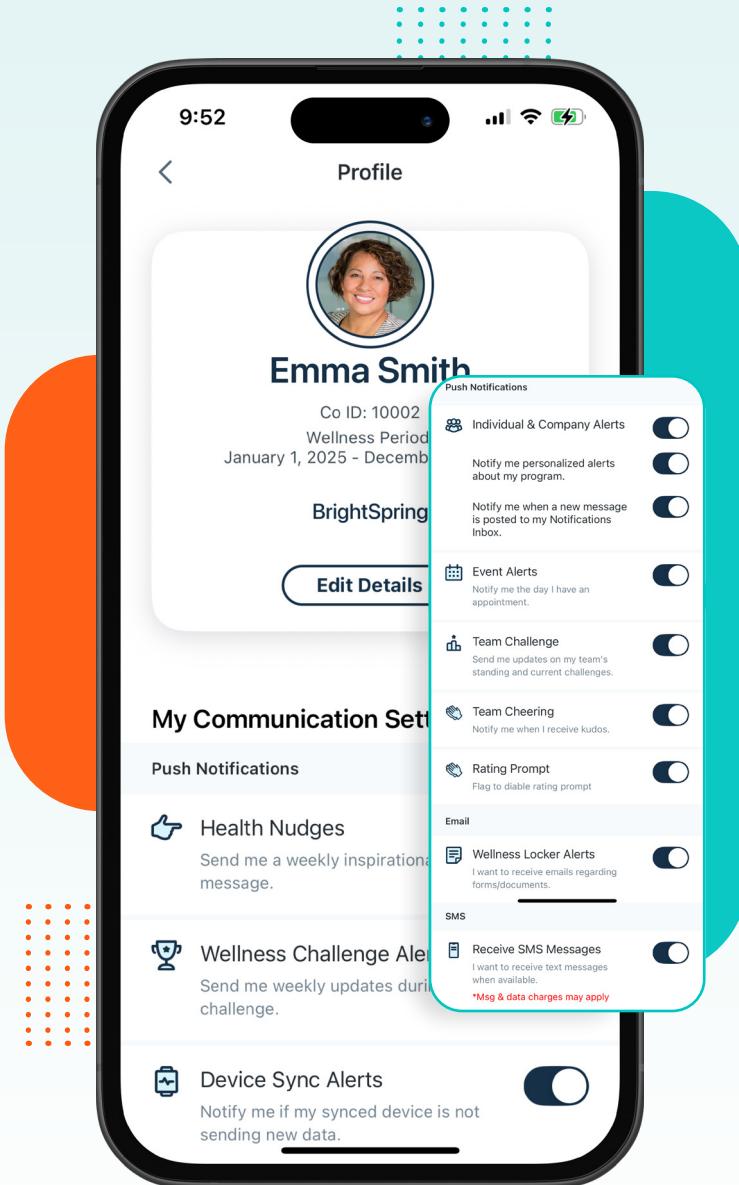
Access Important Features like:

- Health Risk Assessment
- Mental Health Screening
- Wellness Locker
- WellBeats
- Coaches Corner
- Health Library
- Learning Center
- Rewards Mall
- AND MORE!



PROFILE

Personalize your profile and enable push, email, and SMS notifications from one place.



NOTIFICATIONS

Push Notifications

Opt-in to receive push notifications via the Mobile App for weekly inspirational quotes, wellness challenge alerts, upcoming appointments, event participation, program completion, and device/app sync notifications.

Opt-In Text Messaging

If you opt into texting and the **Notifications Inbox**, text messages will be sent to the mobile number on file in the **Wellness Portal**.

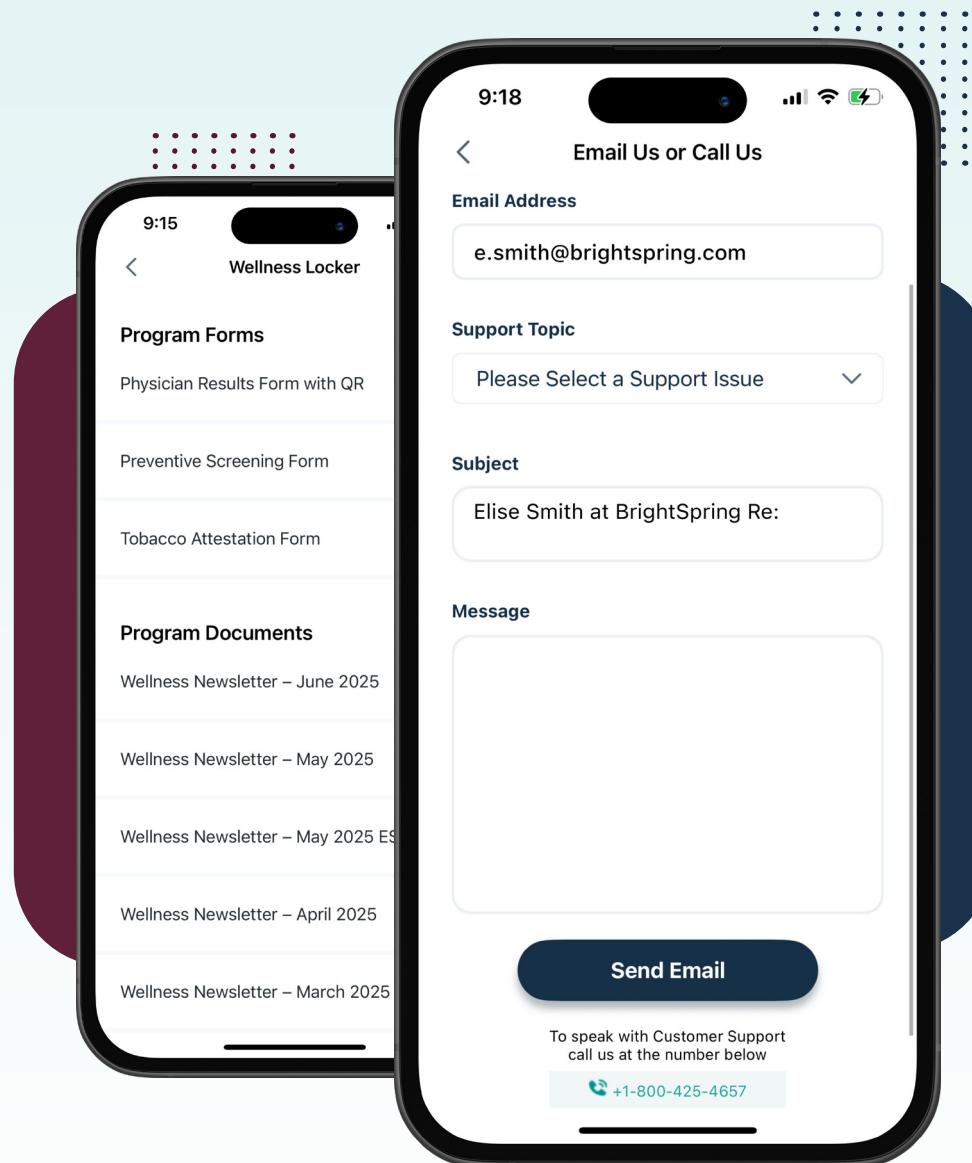


WELLNESS LOCKER

You can locate your wellness program guide, program forms, and other helpful resources on the Mobile App.

Critical program information is never more than two taps away!

The Wellness Locker can be accessed from your Mobile App Homepage or Menu.



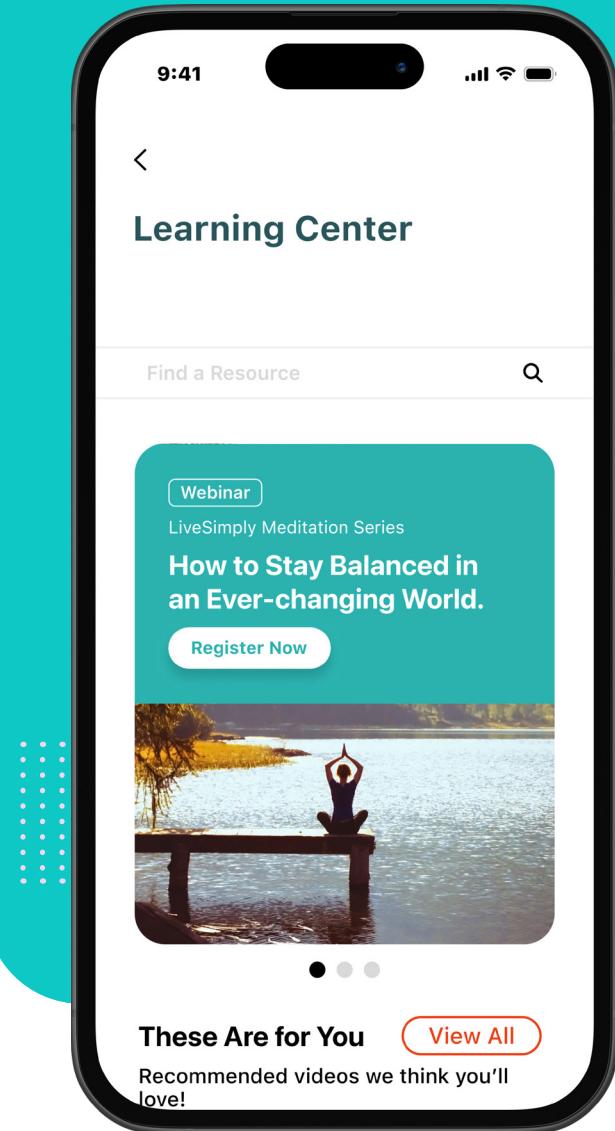
CONTACT US

Have a question about your wellness program? Need help with things like appointment scheduling, incentive credit, or syncing your device or app? Use the Contact Us page to connect with your dedicated wellness team.



LEARNING CENTER

The Learning Center you love is right at your fingertips. Access over 250 interactive videos, live webinars, and quizzes on topics ranging from weight management to stress, disease risk, meditation, and more.



COACHING CORNER

Schedule your next health coaching appointment and review your health data and goals right from the Mobile App.

